



Riker Hill Elementary School

BIRTHDAY CELEBRATIONS

At Riker Hill, we love to celebrate birthdays! Student birthdays are announced daily and class celebrations are welcome. Parents/guardians who are interested in having their children celebrate birthdays in school must contact the homeroom teacher, at least 1 week in advance.

Edible treats are strongly discouraged, but permissible, if they comply with the *District Wellness Policy* and classroom allergy restrictions. Please contact our school nurse, Mrs. Giordano (kgiordano@livingston.org), regarding both the policy and restrictions, and be advised that, ultimately, food may not be permitted depending upon the unique make-up of each class. In addition, anything with nuts is prohibited, home-baked goods are NOT permitted, and store-bought items must be clearly labeled with ingredients.

If you choose to send in food, you MUST contact Mrs. Giordano, at least 1 week in advance. Any food items must be sent in to her office. Once she inspects it, and assuming it is approved, she will send it to the homeroom teacher. For your convenience, there is a list of suggested snack items. However, these still must be approved, before sending in.

In lieu of edible treats, parents/guardians are encouraged to send in non-edible items, like pencils, stickers, etc. Your children's teachers will also be in touch with you regarding birthdays and other possible alternatives to food items.

In addition, Mr. Toomey will be having monthly birthday lunches in the cafeteria with all of the students who are celebrating a birthday that month, during each lunch period. Also, students will have their birthdays announced during the daily morning announcements.

If you do NOT want your child(ren)'s birthday announced during the daily morning announcements or your child(ren) to sit with Mr. Toomey during the monthly birthday lunch celebration, please email him at jtoomey@livingston.org. You should also communicate this with your child(ren)'s teacher.

Thank you!

SUGGESTED FOOD ITEMS

SUGAR CANNOT BE THE 1ST INGREDIENT

Apple Slices with Cheese

Fruit Kabobs

Low-Fat Muffins

Fruit Smoothies

Fruit Platters

Vegetables with Low-Fat Dip

Angel Food Cake Topped with Fruit

Cheese Assortment with Crackers

Cheese Sticks

Low-fat Pudding Parfaits

Goldfish and Cheddar Bunnies

Oreos

Cape Cod Reduced Fat Chips

Skinny Pop Popcorn

Rice Cakes

Nilla Wafers

Utz Pretzels (or any other pretzel made in a nut-free facility)